

Marriage Oneness

Communication

It seems that communication is more common in courtship, but gets lost in marriage. Why

1. Too busy
2. Too tired
3. Too lazy
4. Creates isolation instead of oneness

I. Four facts about marital communication

- A. Men and women communicate differently.
- B. We are influenced by the way our parents communicated.
- C. We have different communication styles.
- D. In a good marriage couples learn to manage their communication differences.

II. Four communication skills that build oneness

- A. Open your heart.

Ephesians 4:32

- B. Open your ears.

James 1:19

Proverbs 18:13

- C. Open your mouth.

Ephesians 4:15

Ephesians 4:29

- D. Open your eyes.