

Marriage Oneness

Conflict resolution

I. Why is marriage conflict hard to resolve?

- A. Wrong time.
- B. Wrong attitude.
- C. Wrong purpose.

Jeremiah 17:9,

Matthew 7:3,

II. Various approaches

- A. Win at all cost
- B. Withdraw and smolder
- C. Give in and slowly die
- D. A Biblical Approach

1 Peter 3:10-11,

III. Seven important habits in resolving conflict.

- A. Focus on one issue
- B. Watch anger level

Proverbs 15:18,

Ephesians 4:26,

- C. Practice give and take communication.
- D. Attack the problem not the person.
- E. Learn to ask for and give forgiveness.
- F. Seek an agreeable resolution.
- G. Always keep your eye on the prize, ONENESS.